



# Christ The King Catholic School

## Djarindjin Lombadina

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### BULLYING POLICY

#### RATIONALE

Christ the King Catholic School will provide a positive culture where bullying is not accepted, and in so doing, all will have the right of respect from others, the right to learn, and a right to feel safe and secure in their school environment.

#### DEFINITION

A person is bullied when one or more other people expose them regularly and over time to negative or harmful actions. Bullies are people who deliberately set out to intimidate, exclude, threaten and/or hurt others repeatedly.

#### OBJECTIVES

- To raise awareness among staff, students and parents about bullying
- To actively counter bullying at the school
- To provide strategies to resolve conflict and respect differences
- To create a school environment where all students, staff and parents feel safe and welcome
- To create a climate where it is okay to talk about bullying and ask for help
- To promote positive mental health
- To build resilience amongst our students
- To develop social skills with an expectation of socially acceptable behaviour

#### TYPES OF BULLYING

	DIRECT	INDIRECT
Physical	<ul style="list-style-type: none"><li>• Hitting, slapping, punching</li><li>• Kicking</li><li>• Pushing, strangling</li><li>• Spitting, biting</li><li>• Pinching, scratching</li><li>• Throwing things e.g. stones</li></ul>	<ul style="list-style-type: none"><li>• Getting another person to harm someone</li></ul>
Non-Physical	<ul style="list-style-type: none"><li>• Mean and hurtful name-calling</li><li>• Hurtful teasing</li><li>• Demanding money or possessions</li><li>• Forcing another to commit offences such as stealing</li></ul>	<ul style="list-style-type: none"><li>• Spreading rumours</li><li>• Trying to get other students to not like someone</li></ul>
Non-Verbal	<ul style="list-style-type: none"><li>• Threatening and/or obscene gestures</li></ul>	<ul style="list-style-type: none"><li>• Deliberate exclusion from a group or activity</li><li>• Removing and hiding and/or damaging others belongings</li></ul>
Cyber/ Electronic	<ul style="list-style-type: none"><li>• Using the Internet, email, mobile phones or any other ICT equipment to be mean, rude or unkind about other people</li></ul>	

#### IMPLEMENTATION:

- Parents, teachers, students and the community will be aware of the school's position on bullying.

## **PRIMARY PREVENTION**

- Professional development for staff relating to bullying and proven counter measures.
- Community awareness and input relating to bullying, its characteristics and the school's programs and response.
- At least once a year all students participate in the six lessons outlined in the 'Bully Prevention In Positive Behaviour Support'
- To provide programs that promote resilience, life and social skills, assertiveness, conflict resolution and problem solving.
- Promote children and staff reporting bullying incidents involving themselves or others.
- Parents encouraged to contact school if they become aware of a problem.
- Public recognition and reward for positive behaviour and resolution of problems

## **INTERVENTION**

- Staff to use the 'Method of Shared Concern' script as a process to conduct interviews and meetings when dealing with incidents of bullying.
- Once identified each bully, victim and witness will be spoken with, and all incidents or allegations of bullying will be fully investigated and documented.
- Students identified by others as bullies will be informed of allegations.
- Both bullies and victims will be offered support.
- If student bullying persists parents will be contacted and consequences implemented consistent with the school's Student Behaviour Policy Code of Conduct.

## **POST INCIDENT**

- Consequences for students will be individually based and may involve:
  - exclusion from class.
  - exclusion from yard.
  - school suspension.
  - withdrawal of privileges.
  - ongoing counselling from appropriate agency for both victim and bully.
- Reinforcement of positive behaviours
- Classroom Meetings
- Ongoing monitoring of identified bullies

## **EVALUATION**

- This policy will be reviewed with whole staff, student, parent and community input as part of the school's three-year review cycle.

## **RESOURCES**

- 'Bully Prevention In Positive Behaviour Support' (PBIS)